



Helsingborg

Culture and Resilience Action Plan summary

Helsingborg is quite a large city by Swedish standards. There is ongoing extensive work to reduce disparities and conflicts within the city. This plan only includes a part of that work, and we have chosen to highlight what is new and, in some cases, unique for the year 2025, driven with art and culture in focus. The goals of these projects are that:

- We want to increase residents' participation and co-creation, particularly among children and young people.
- We aim to reduce involuntary loneliness among children, young people, and the elderly.

By doing this, we want to contribute to increasing residents' sense of security and safety.

We plan to achieve this by trying out new forms of co-creation and influence, focusing on children, young people, and the elderly. By incorporating the stories and experiences of children, youth, and seniors in how we shape and develop the city, we aim to build a sense of community and pride that strengthens Helsingborg's resilience against social gaps and conflicts. We also believe that knowledge of and trust in the city's administrations and its development efforts will be strengthened by co-creative projects and processes. This plan includes projects that provide children and youth with tools to articulate and shape their stories, influence the city's supply of culture and other services, and strengthen their self-esteem. There are also projects where elderlies can share their life stories and experiences while creating together with others in new communities.

The role of culture is to provide new knowledge and foster new communities that empower both individuals and the local society in enjoyable and reflective formats for artistic and cultural creation.

Many of the city's departments and several cultural organizations are involved in the projects included in this plan, such as the Culture department, the School and Lesiure department, the Urban Planning department, Helsingborg Museum, Dunkers Cultural Centre and Alla Tidens Teater.

The short-term outcome of the projects is an increased supply of co-created culture, while the medium-term outcome will be that more and better methods



for co-creation through culture will be integrated into everyday development work.

It is crucial for Helsingborg to build cohesion and trust to counteract fragmentation and conflicts between different groups. We believe that co-created art and culture can contribute significantly to this.